



Important Participant Notice Regarding Qualified Default Investment Alternative

RUAN TRANSPORT CORPORATION
666 GRAND AVE, STE 1700
DES MOINES, IA 50309-2518
(800) 845-6675

You have the right to direct the investment of retirement plan contributions among the investment options offered under the retirement plan. Properly investing retirement contributions is important for planning your future retirement income. You should consider your investment direction decision carefully. This notice provides information regarding where contributions submitted to the retirement plan for your benefit will be directed in the absence of your investment election. You may direct the investment of the retirement funds by visiting www.principal.com.

Investment Option Default

If you have not provided complete, up-to-date direction as to how the account set up for you under the retirement plan is to be invested, the account will be invested under automatic rules. You need to understand these rules and make sure that you are comfortable with them or that you take action to direct the investment of the account according to your preferences. These rules state that, if we do not have complete investment directions from you, the retirement funds in the account and new contributions for which we do not have direction will be directed to T. Rowe Price Retirement Trust F, sub advised by T. Rowe Price Associates, Inc.. Your directions must be received at the Corporate Center of Principal Life Insurance Company.

See the table below to identify the T. Rowe Price Retirement Trust F that will apply based on your current age and when you will reach the plan's normal retirement date. For information on how you may make an investment direction election, please see the "Right to Direct" section below.

Normal Retirement Date	T. Rowe Price Retirement Trust F
2002 or earlier	T. Rowe Price Retirement Balanced Trust Class F
Between 2003 and end of 2007	T. Rowe Price Retirement 2005 Trust Class F
Between 2008 and end of 2012	T. Rowe Price Retirement 2010 Trust Class F
Between 2013 and end of 2017	T. Rowe Price Retirement 2015 Trust Class F
Between 2018 and end of 2022	T. Rowe Price Retirement 2020 Trust Class F
Between 2023 and end of 2027	T. Rowe Price Retirement 2025 Trust Class F
Between 2028 and end of 2032	T. Rowe Price Retirement 2030 Trust Class F
Between 2033 and end of 2037	T. Rowe Price Retirement 2035 Trust Class F
Between 2038 and end of 2042	T. Rowe Price Retirement 2040 Trust Class F
Between 2043 and end of 2047	T. Rowe Price Retirement 2045 Trust Class F
Between 2048 and end of 2052	T. Rowe Price Retirement 2050 Trust Class F
Between 2053 and end of 2057	T. Rowe Price Retirement 2055 Trust Class F
2058 or later	T. Rowe Price Retirement 2060 Trust Class F

Note: Neither the principal nor the underlying assets of the T. Rowe Price Retirement Trust F are guaranteed at any time, including the target date. Investment risk remains at all times.

To learn about the retirement plan's default investment option and related objectives, risk and return characteristics, and associated fees and expenses, please see the following description and attached investment information or Investment Option Summary included in the enrollment workbook for the T. Rowe Price Retirement Trust F that will apply.

Target Date portfolios are managed toward a particular target date, or the approximate date the investor is expected to start withdrawing money from the portfolio. As each target date portfolio approaches its target date, the investment mix becomes more conservative by increasing exposure to generally more conservative investments and reducing exposure to typically more aggressive investments. Neither the principal nor the underlying assets of target date portfolios are guaranteed at any time, including the target date. Investment risk remains at all times. Neither asset allocation nor diversification can assure a profit or protect against a loss in down markets. Be sure to see the relevant prospectus or offering document for full discussion of a target date investment option including determination of when the portfolio achieves its most conservative allocation.

Right to Direct

If you do not want retirement funds to be directed as indicated above, then you may elect to direct the retirement funds to investment options under the retirement plan by visiting The Principal Web site at www.principal.com and logging into the account or by calling 1-800-547-7754.

You may make changes to your investment direction as allowed under the retirement plan. This includes transferring any contributions from the applicable investment option default to another investment option. Transfers out of the investment option default are not subject to restrictions, fees or expenses¹ for a 90-day period, unless the fees and expenses are charged on an ongoing basis for the operation of the investment². See the attached investment information for information regarding restrictions, fees or expenses after the 90-day period.

Additional Information

For additional information about the investment option default or other investment alternatives under the plan please visit www.principal.com or contact:

RUAN BENEFITS DEPARTMENT
3100 RUAN CENTER
666 GRAND AVENUE
DES MOINES, IA 50309
1-800-845-6675
benefits@ruan.com

¹ Includes surrender charges, liquidation or exchange fees, redemption fees and similar expenses charged in connection with the liquidation of, or transfer from, the investment option default.

² Includes investment management fees, distribution and/or service fees, "12b-1" fees, or legal, accounting, transfer agent and similar administrative expenses.